OCCUPATIONAL THERAPY ASSESSMENTS & RESOURCES

All items listed are held in the OT Resource Cabinet which is located in the office of the Senior Occupational Therapist for MHS, this office is currently located at the Kirwan Rehabilitation Unit.

Items may be reviewed in the office, or taken on loan to other service units, but MUST be returned to the Resource Cabinet within a reasonable timeframe. If items are removed from the cabinet, this must be recorded. (Name, date, item taken).

ASSESSMENTS

The Cognitive Assessment of Minnesota
Domestic And Community Skills Assessment (DACSA)
Canadian Occupational Performance Measure (COPM)
Scorable Self Care Evaluation (SSCE)
A Systematic Approach to Cognitive Rehabilitation (Evaluation)
Occupational Case Analysis Interview and Rating Scale (OCAIRS)
Functional Needs Assessment (FNA)
Self-Directed Search
Independent Living Scale (ILS)
Resource Folder: OT in MH – Assessment Strategies
Enable Function Assessment (including training video)

Assessment Folder containing copies of:
A Standardised Assessment of the Work Behaviour of Psychiatric Patients
ABS-RC:2 AAMR Adaptive Behaviour Scale – Residential & community
Administration of the Geriatric Depression Scale
Assessment of Occupational Functioning Interview (2nd ed.)
BAI – Beck Anxiety Inventory Manual
Brookvale Living Skills Assessment
Comprehensive Occupational Therapy Evaluation Scale (COTE scale)
Employment History
Enfield Community Care NHS Trust Occupational Therapy – Initial Ass.
Florey Occupational Role – Screening Interview
Global Change Scale (consumer)
Health of the Nation Outcome Scales (HoNOS)
Ladder of Life
Leisure/Plan Interest Survey
Leisure Satisfaction Scale
Leisure Satisfaction Survey
Life Skills Profile (LSP)
Modified Clinical Global Impressions (Service Provider)
Problem Oriented Record System – The Model of Human Occupation

Kindly provided by Occupational Therapy, Townsville Mental Health Services
OT Resources – Townsville MHS

Psychosocial Assessment Tool
Quality of Life Inventory - QOLI
Social and Living Skills Checklist
Supporting People with Sever Reputations in the Community
The Behaviour and Symptom Identification Scale (BASIS – 32)
The Client Satisfaction Questionaire (CSQ)
The Medical Outcomes Study Short Form (SF – 36)
The Mental Health Inventory (MHI)
The Revised Satisfaction with Performance Scaled Questionaire
The Role Functioning Scale
Well-Being Rating (revised)
Wisconsin Quality of Life Provider Questionaire

Text: Assessments in Occupational Therapy Mental Health – An Integrative Approach

RESOURCES

Sane Australia Blueprint Guide: Recreation and Psychiatric Disability
Sane Australia Blueprint Guide: Psychosocial Rehabilitation
Sane Australia Blueprint Guide: Carer Education and Training
Sane Australia: Smoke Free Kit (held at SoQ Day Centre)
Sane Australia: Quit Smoking Program (held at SoQ Day Centre)
OT Guidelines for Client-Centred Practice
The Mental Health Handbook
Assertiveness: A Practical Approach
The Relaxation Therapy Manual
Life Management Skills (reproducible activity handouts)
Life Management Skills II (reproducible activity handouts)
Creative Therapy
Creative Therapy II
Enhancing Recovery from Psychosis
Communication Skills
Group Skills
Reflective Practice
Seroquel Patient Info. Pack
Diagnostic & Statistical Manual IV (DSM-IV-TR)
Synopsis of Psychiatry
Comprehensive Care of Schizophrenia
Seminars in the Psychiatry of Learning Disabilities
Black’s Medical Dictionary
Borderline Personality Disorder
Psychosocial Occupational Therapy

Kindly provided by Occupational Therapy, Townsville Mental Health Services
Occupational Therapy in Mental Health
Using Groups to Help People
Psychiatric Rehabilitation of Chronic Mental Health Patients
Eating Disorders
When Someone You Love Has A Mental Illness
Adult Severe Mental Illness
Taming the Black Dog – A Guide to Overcoming Depression
Living With IT – A survivors guide to Panic Attacks
Nine, ten…do it again - a guide to Obsessive-Compulsive Disorder
Sane Guide: Treatments
Sane Guide: Psychosis
Sane Guide: Consumer Guide: Living with Mental Illness
Sane Guide: Carer Guide: Living with Mental Illness
Surviving Schizophrenia
Assessing Fitness to Drive
Occupational Therapy: A Communication Process in Psychiatry
Creative Relaxation in Groupwork
Depression
Midlife’s Challenge
Prepare Curriculum – Teaching Prosocial Competencies
Manual: OT in MH – Treatment Strategies
Leisure Education – Manual of Activities and Resources
Forensic Mental Health Folder (articles and information)
Acquired Brain Injury (MH) Folder (articles and information)
Miscellaneous Folder (articles and information)
Guardian and Administration Act 2000
Spirituality Information Folder
Outcome Measurements Information Folder
Medications Information Folder
Independent Grooming – A manual for Training
Personal Effectiveness – ( Assertion & Social Skills)
The Clients’ Ax of Strengths, Interests & Goals
Supervision in the Helping Professions
Thoughts & Feelings – Taking control of Your Moods & Life
The Self Esteem Workbook
The Anger Control Workbook
Client-Centred Reasoning – Narratives of People with Mental Illness
OT for Child and Adolescent Mental Health (held at CYMHS)
Play in Occupational Therapy for Children (held at CYMHS)
Child Friendly Therapy (held by OT, CYMHS)
Creative Therapy (held by OT, CYMHS)
Creative Therapy 2 (held by OT, CYMHS)
Children of Parents with Mental Illness
Occupational Therapy Intervention Resources (CD – B. Bull & C.Coop)

Kindly provided by Occupational Therapy, Townsville Mental Health Services
Professional Development Program:
Child & Adolescent Modules- Assessment Skills in CYMH I & II
Child & Adolescent Modules- Community Development & Patient/Carer Participation
Adult Mental Health Modules- Case Management in MH – I & II
- Assessment Skills in MH

4th year JCU MH Lectures 2001 & 2002 & 2003

Various National Mental Health Strategy Documents

Innovative Resources Card Packs:
Strengths Cards
Strengths Cards for Kids (held with OT, CYMHS)
Optimism Boosters
Reflections
Angels with Attitude

Various sticker packs to match Card packs.

Kindly provided by Occupational Therapy, Townsville Mental Health Services